

## Registration Instructions

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With Teladoc, you and your family can talk to a US-based, board certified doctor in minutes, 24/7/365, who can diagnose, prescribe, and answer any medical questions you have!

### 3 WAYS TO REGISTER



**Online**

OR



**Mobile App**

OR



**Phone**



Teladoc.com



1-800-Teladoc (835-2362)



Teladoc.com/mobile

### Follow these steps to get started:

1. Visit [member.teladoc.com/registrations](https://member.teladoc.com/registrations) or scan the QR code
  - a. You can also call (800) 835-2362 to register by phone or download and register through the mobile app @ [teladoc.com/mobile](https://teladoc.com/mobile)
2. Provide the following information, using the exact information given to us by your employer. **Note:** if you are unsure what to use for any of these values, please contact your HR team.
  - a. First Name
  - b. Last Name
  - c. Zip Code
  - d. DOB
  - e. Sex Assigned at Birth
3. Complete the rest of the required fields and click 'Next'
  - a. **Important: DO NOT check** the box asking if you have a code.



**ACTIVATE NOW**

If you are successful, you will land on a page that says your benefits have been found. Select your group and continue with your registration. If not, please contact our support team by emailing [support@cadplus.com](mailto:support@cadplus.com) or calling (860) 217-0851.

Once you have successfully registered, you can complete your medical history, add dependents start connecting to the care you need, when you need it most.

Access Teladoc 24/7 via the app, online at [Teladoc.com](https://Teladoc.com) or by calling (800) 835-2362.