

Getting started guide

Follow these simple steps to get the right care for your family

Step 1

Visit hellobrightline.com/aetna to learn more about our services

Step 2

Click “Get started” or “Sign up” to get to our account creation page

We're here to help your family navigate the tough stuff and get to brighter days ahead.

First name
First name here

Last name
Last name here

Email address
emailaddress@example.com

Password
Password of choice here

State you live in
State you live in here

Does your employer offer Brightline benefits?
Yes or no

I agree to Brightline's Terms of Use, Privacy Policy and Notice of Privacy Practices.

Continue

Step 3

Enter your information to create a Brightline Connect+ account. Make sure to put in your employer name!

brightline⁺

Let's check your coverage

Brightline is available to all families, regardless of coverage. However, you may receive personalized pricing based on your employer's benefit plan.

Your employer
Type employer name here

Your subscriber ID
Type your subscriber ID here

Continue

Step 4

Next, put in your employer name and insurance information. Click 'Continue.'

brightline⁺

Let's tailor our programs for your family

We have programs for toddlers to teenagers. This information helps us get you to the right support fast!

What should we call your child?
Type child's name here

How old is your child?
Type child's age here

Continue

Step 5

Tell us more about your family by sharing your child (or children's) names and ages. Click 'Continue.'

brightline⁺

What's on your mind?

We have programs for toddlers to teenagers. This information helps us get you to the right support fast!

Worry Food Friends

Bedtime & Sleep Mood

Media Anxiety Siblings

Gender identity Self-esteem

Attention & focus Depression

Continue

Step 6

Share what's on your mind so we can get you the right support! Choose as many as apply to your family. Click 'Continue.'

AND YOU'RE IN! From here, you'll have immediate access to resources, recommended content, and chat with a coach. You can also book a free 15-minute call with the Brightline care team, book a therapy or coaching session, or join a webinar. Whatever works for you and your family, we've got your back.