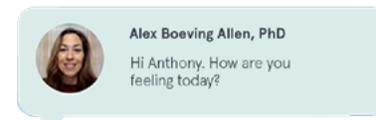


GET TO KNOW BRIGHTLINE

Built for kids and teens, here for you

Brightline is the first comprehensive behavioral health solution specifically designed to support kids, teens, and their families across a range of everyday challenges and common conditions. With our range of options for families, we're all here to help your members and their families find care that works for them – so that every family can thrive.



What's covered for your members:

Premium Connect+ membership

- ✓ Content collections, videos, and other resources tailored by age and concern
- ✓ Interactive exercises to continue making progress between sessions
 - ✓ Coach chat for guidance through resources and support
- ✓ Group classes on topics like staying on track with school or managing anxiety

Brightline Coaching

- ✓ 30-minute video sessions with expert behavioral health coaches
- ✓ Short-duration programs for building positive skills kids & teens can use long-term
 - ✓ Focused on specific topics many families experience

Brightline Care

- ✓ 50-minute video visits with therapists, speech therapists, psychiatric nurse practitioners, and other clinicians
 - ✓ Personalized care plans built on programs proven to move kids & teens forward
 - ✓ Clinical measurement and ongoing progress updates for parents & caregivers



Want to learn more about Brightline for Aetna members?
Visit hellobrightline.com/aetna