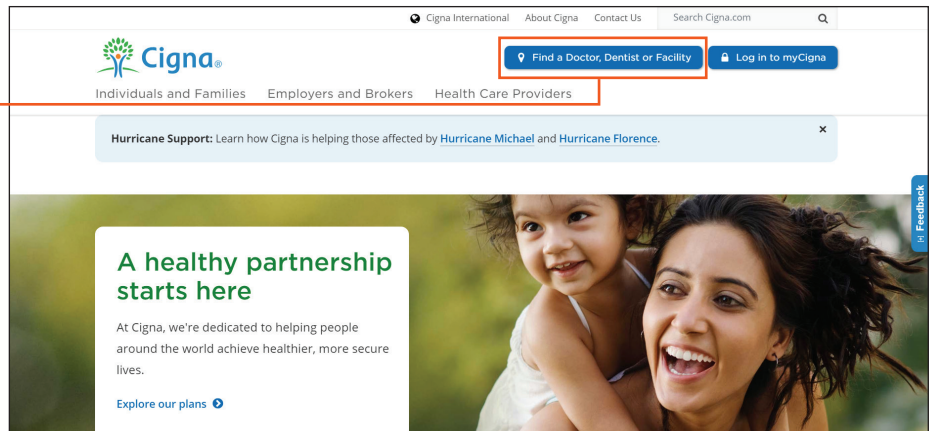


# FIND A BEHAVIORAL CARE PROVIDER IN JUST A FEW CLICKS

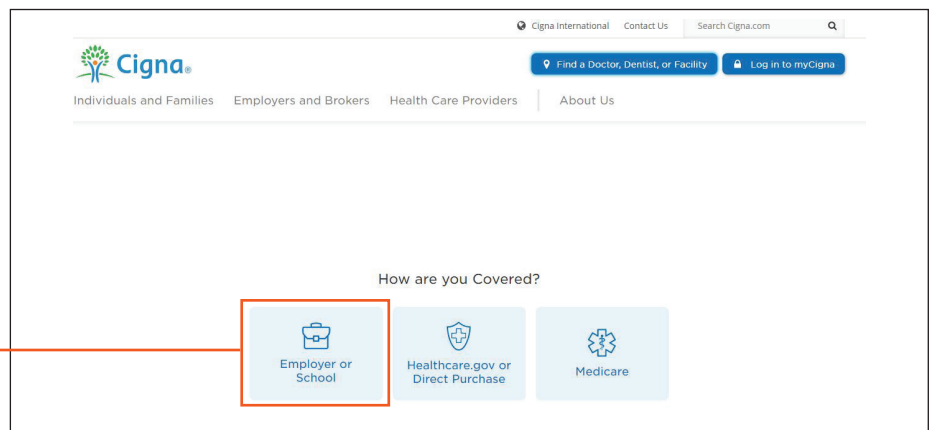
It's easy on Cigna.com

With more than 40 years in the industry and a large, national network of providers, Cigna offers you a range of choices. Finding a behavioral health provider on **Cigna.com** is simple.

1. Go to **Cigna.com** and click “Find a Doctor, Dentist or Facility.”



2. On the “How are you Covered” page, select “Employer or School”



Together, all the way.®



3. Enter the geographic location you want to search and select the search type.

Find a Doctor, Dentist, or Facility in

Enter Address, City, or Zip

Doctor by Type    Doctor by Name    Locations

- 3a. Click on **Doctor by Type** to bring up a list of provider types, for example Behavioral Health Counselor.

- › When using the search process for the first time, you will see a pop-up window. To continue searching on **Cigna.com**, select “Continue as Guest.” (Selecting Login/Register will redirect you to **myCigna.com**)
- › Selecting “Behavioral Health Counselor” brings up a page with a list of common issues that can be selected or skipped.
- › Selecting “Addiction” or “Skip” brings up the “What type of care are you looking for?” page where you select between “Licensed Therapists”, Psychiatrists & Nurse Practitioners”, and “Behavioral Facilities & Programs”.
- › Each will have a View Results button which includes the number of providers found in the City, State entered on landing page. The City, State can be edited at any time by selecting it.
- › Selecting any of the “View Results” buttons will bring up the list of providers on the left and a map with their locations indicated by drop pins on the right.

- 3b. Click on **Doctor by Name** to bring up a box to type in the provider’s name. If you enter a full or partial name, such as a last name, a list of possible providers comes up from which your provider can be selected.

- 3c. Click on **Locations** to bring up a search box and list of potential location types.

Select “Behavioral Health Facility/ Counseling” from the list to bring up the “What type of care are you looking for?” page where you select between “Licensed Therapists”, Psychiatrists & Nurse Practitioners”, and “Behavioral Facilities & Programs” (same as under step 3a above). Continue to step 4 below for instructions for finding an in-network behavioral health facility.

4. To find an in-network Behavioral Health facility select Locations (step 3c.) and then select “Behavioral Health Facility/Counseling”

Find a Doctor, Dentist, or Facility in

Chicago, IL

Doctor by Type    Doctor by Name    **Locations**

Common Locations

- Urgent Care Facility
- Behavioral Health Facility / Counseling**
- Convenience Care Clinics (Retail/Pharmacy)
- Hospital / Medical Center

Next, select  
"Behavioral Facilities  
or Programs"

For "Behavioral Health Facility / Counseling"  
What type of care are you looking for?

**Licensed Therapists**  
Licensed therapists can diagnose and treat mental health or substance use concerns. They can help you develop coping skills in addition to providing other care and services. Includes psychologists, counselors, and social workers.  
[View 490 Results](#)

**Psychiatrists & Nurse Practitioners**  
Psychiatrists and mental health nurse practitioners can diagnose and treat mental health or substance use concerns, typically by prescribing and monitoring medication. In addition to other care and services.  
[View 128 Results](#)

**Behavioral Facilities or Programs**  
Behavioral health facilities typically include hospitals and clinics that offer specialized inpatient and outpatient treatment for detox, rehab, and other behavioral programs.  
[View 53 Results](#)

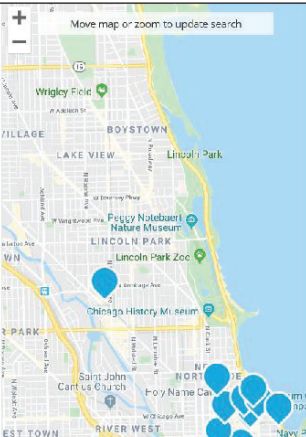
The search results page lists the providers on the left and a map with their locations indicated by drop pins on the right. These search results are specific to Behavioral Health in-network facilities.

53 results for "Behavioral Health Facility / Counseling" near Chicago, IL  
Medical Plan: No Plan Selected | [Select a Plan](#)

Sort: Best Match | [More Options](#)

**Presence Behavioral Health** 0.4 mi  
134 N La Salle St Ste 400 Chicago, IL 60602 | (847) 493-3700  
Facility Type (6): Mental Health and Substance Use, Mental Health & Substance Use Intensive Outpatient Program (IOP)...  
Accreditations: JCAHO

**Behavioral Services Center** 0.5 mi  
161 N Clark St Fl 16 Chicago, IL 60601 | (847) 673-6577  
Facility Type (6): Mental Health and Substance Use, Substance Use Partial Day Treatment Program...  
Accreditations: Carf



**Questions?** Call the toll-free number on the back of your ID card.



Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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