



GET THE HELP YOU NEED WHEN YOU NEED IT MOST

The Cigna Designated Substance Use Treatment Provider program is here to help.

If you or a loved one is coping with substance use issues, you may need extra help. Cigna can help you find care to deal with substance use challenges. This may include treatment at a health care facility for substance use disorder.

Choosing the right health care facility is an important decision. To help you and your treating provider make this decision, Cigna has identified in-network providers that provide quality, cost-effective care.

These Designated Substance Use Treatment Providers have met certain Cigna measures, based on these factors.

- Available substance use disorder treatment programs:* inpatient, residential, partial hospitalization and intensive outpatient
- Annual admission and readmission data
- Cost data

Did you know?

Some health care facilities offer treatment programs specifically designed for first responders, adolescents, women-only and those with chronic pain. Some offer treatment options such as music therapy, yoga, equine therapy and art therapy.**



Questions? We're here to help.

Contact us if you need more information.

Just call the number on the back of your ID card.

For a list of Cigna Designated Substance Use Treatment Providers, please see the chart on the back of this flyer.



Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

* All participating facilities provide an inpatient or residential level of care (which are subject to prior authorization) with a step down to a partial hospitalization (PHP) or intensive outpatient program (IOP), which may be subject to prior authorization. **The following services may not be covered:** Services considered to be experimental, investigational and unproven, and nonmedical ancillary services including, but not limited to, educational services, custodial services, vocational rehabilitation and counseling services, religious counseling, work-hardening programs and driver safety programs. This is not a complete list of plan terms and plans may vary. See your plan documents for details of your specific health plan.

** While nonmedical ancillary services are generally excluded from coverage under a health plan, they are included with the authorized substance use disorder treatment program provided by the designated providers at no additional expense to the Cigna customer. Boarding expenses offered in regard to covered outpatient programs are available at the customer's expense.

The Cigna Designated Substance Use Treatment Provider program is not a guarantee of the quality of care that will be provided to individual patients. You should consider all relevant factors and consult with your treating doctor when choosing a provider for care. Providers are solely responsible for any treatment provided to their patients. Providers are not agents of Cigna.

DESIGNATED SUBSTANCE USE TREATMENT PROVIDERS

These in-network health care facilities provide quality, cost-effective care.

LOCATION	FACILITY NAME
Alabama	Bradford Health Services
Arizona	Banner Behavioral Health Hospital
	Calvary Center
California	St. Luke's Behavioral Health Center
	Action Family Counseling Center
	Aurora San Diego
	Betty Ford Center
	Camp Recovery Center
	Cornerstone
	Hemet Valley Recovery Center
	John Muir Behavioral Health Center
	Mills—Peninsula Medical Center – San Mateo
	Mission Pacific Coast Recovery
	MPI Treatment Center
	Sunrise Recovery Ranch
	Valley Recovery Center of California
Colorado	Centennial Peaks Hospital
	West Pines Behavioral Health
Connecticut	MCCA
	Rushford Center
Florida	Silver Hill Hospital
	Hazelden Naples
	Tampa Community Hospital
	Turning Point of Tampa
Georgia	Wekiva Springs Wellness Center
	Peachford BHS of Atlanta
Illinois	Ridgeview Institute
	Alexian Brothers Behavioral Health Hospital
	Behavioral Health at Northwestern Medicine Central DuPage Hospital
	Gateway Foundation
Indiana	Linden Oaks Behavioral Health
Indiana	Fairbanks Hospital
Kansas	Shawnee Mission Medical Center
Louisiana	Woodlake Addiction Recovery Center
Maine	St. Mary's Regional Medical Center
Maryland	Mountain Manor Treatment Center
	Pathways Chemical Dependency Program
Massachusetts	Adcare Hospital
	Phoenix House
Michigan	Brighton Hospital
	Henry Ford Maplegrove Center
Minnesota	Hazelden Betty Ford
Mississippi	Parkwood Behavioral Health System
Missouri	Centerpointe Hospital
Nevada	Montevista Hospital
	Seven Hills Hospital

LOCATION	FACILITY NAME
New Hampshire	Hampstead Outlook
	Phoenix House
New Jersey	Carrier Clinic
	Recovery Centers of America
New York	Sunrise House
	Long Island Center for Recovery
North Carolina	Carolinas HealthCare System Behavioral Health First Step
	Fellowship Hall
	Holly Hill Hospital
	Pavillon International
Ohio	Wilmington Treatment Center
	Arrowhead Behavioral Health
	Beckett Springs Hospital
	Dublin Springs
	Glenbeigh Center
	Windsor Laurelwood
Oregon	Woods at Parkside
	Cedar Hills Hospital
Pennsylvania	Hazelden Springbrook
	Bowling Green Brandywine
	Cove Forge
	Greenbriar Treatment Center
	Livengrin Foundation
Rhode Island	Mirmont Treatment Center
	White Deer Run
Tennessee	Phoenix House
	Cornerstone of Recovery
	Cumberland Heights
	Lakeside Behavioral Health System
	Mirror Lake Recovery Center
Texas	Parkridge Health System
	Rolling Hills Hospital
	Into Action Recovery Center
	Memorial Hermann Prevention and Recovery
Utah	Right Step
	Texas Health Behavioral Health Centers
	Ogden Regional Medical Center
Vermont	Salt Lake Behavioral Health
	Valley Vista
Virginia	Inova CATS Program
	Life Center of Galax
	Mt. Regis Center
Washington	Phoenix House
	Lakeside Recovery Center



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